

Chain Pillow

FREE PROJECT

by PAT BRAVO
SIZE: 14" X 16"



Featuring
PARADISE
COLLECTION



Fabric A
PA-301
Teal
Sparkles



Fabric B
PA-201
Orchid
Sparkles



Fabric C
PA-307
Evening
Showers

MATERIALS

½ yd of PA-301
¼ yd of PA-201
½ yd of PA-307
½ yd of muslin
Fiberfill stuffing

CUTTING INSTRUCTIONS

Cut 2 (two) 8½"×14½" rectangles of fabric A
Cut 2 (two) 8½"×14½" rectangles of fabric C
Cut 1 (one) 2½"×12" strip of fabric B
Cut 2 (two) 2½"×16" strips of fabric B
Cut 2 (two) 16½"×14½" rectangles of muslin

INSTRUCTIONS

Step 1. Make front & back units

- Grab one fabric A and one fabric C rectangles. Piece them together on the 14½" side, with a ¼" seam allowance. Press open.
- Repeat with the remaining fabric A and fabric C rectangles.
- **MAKE CURVED EDGES**
- Lay one of the units on a flat surface, **WRONG** side up.
- Mark with a dot the center of both long sides, measure and mark 1¼" down/up.
- Connect the corners with the middle dot with a curved line. (DIAGRAM 1)
- Cut through the line and repeat with remaining unit.

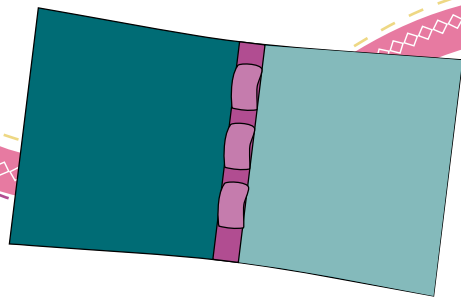
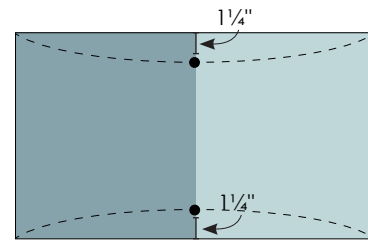


DIAGRAM 1



Step 2. Make decorative bands

- Using the 2½"×12" fabric B strip, fold it in half lengthwise, matching right sides together. Sew along the length using a ¼" seam allowance. (DIAGRAM 2)
- Use a turning tool to turn the piece right side out. Use the turning tool directions provided by the manufacturer for the basic turning steps and guidelines.
- Press the piece with the new seam line centered on the back. (DIAGRAM 3)
- Repeat this process with the 2 remaining fabric B strips.

DIAGRAM 2

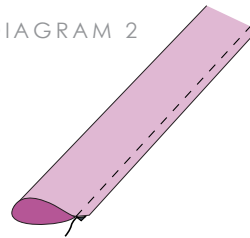
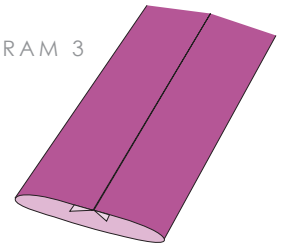


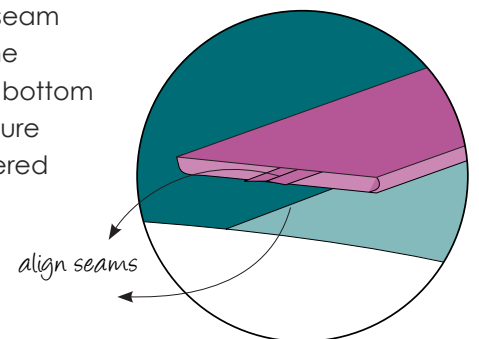
DIAGRAM 3



Step 3. Apply band to the back

- Grab one of the units created on step 1, lay it flat **RIGHT** side up. Center the 1"×12" fabric B tube/band on top (seam facing down). Pin in place and take it to the sewing machine.
- Stitch with a ¼" seam allowance on the curved top and bottom edges, making sure seams are centered and matching. (DIAGRAM 4)

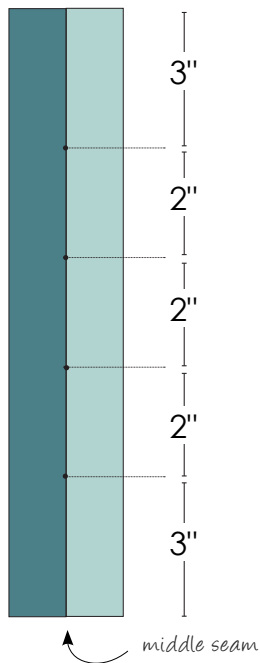
DIAGRAM 4



Step 4. Apply decorative chain band to the front

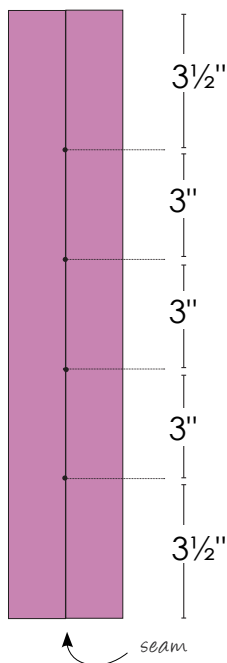
- Grab the remaining pillow body unit created on step 1, and make the following marks on the middle seam (on the RIGHT side), as they will serve as a guide to sew the band.

DIAGRAM 5



- Grab one 1"×16" tube/band and make the following marks (on the seam side)

DIAGRAM 6



- Try to center the marks (matching RIGHT side of the front unit & SEAM side of the band). Pin in place aligning the dots.
- Sew with a 1/4" seam allowance at the beginning and end of the strip (to secure ends). Now, sew on each mark across the width of the band, creating 5 loops. Remove pins as you stitch.

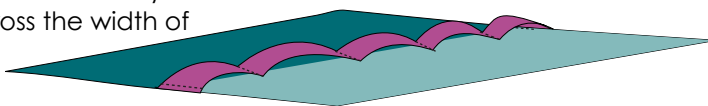


DIAGRAM 7

Step 5. Make rings

- Grab the remaining 1"×16" fabric B tube, cut it into 4 pieces, each 4" long.
- Wrap each of the tube/band pieces on the intersection of the loops. Make sure the seam of the tube is facing out. Sew both short ends with a 1/4" seam allowance. (DIAGRAM 8)
- Turn the rings inside out to hide the seams. (DIAGRAM 9)

DIAGRAM 8

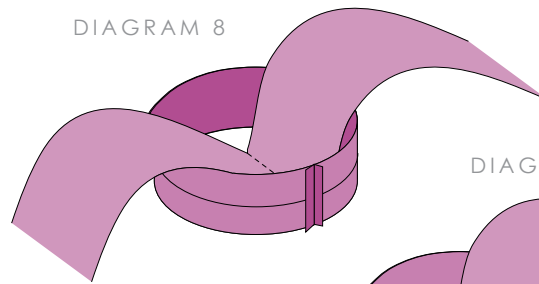
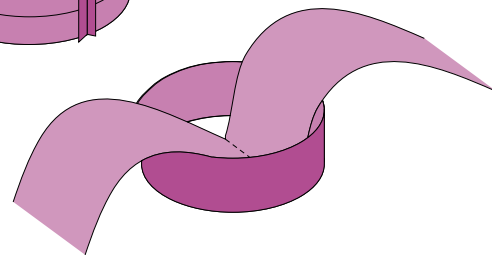


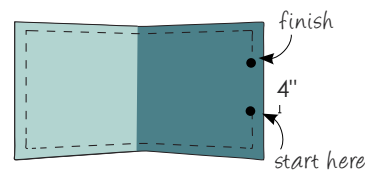
DIAGRAM 9



Step 6. Make pillow

- Grab both body pillow units (front and back). Place one on top of the other, RIGHT sides together.
- Sew all the way around, starting from one of the sides, and leaving a 4" opening to insert the pillow form. (DIAGRAM 10)

DIAGRAM 10



Step 7. Make pillow form

- Using the muslin rectangles, follow the instructions to make the **CURVED EDGES** on step 1.
- Sew all the way around, starting from one of the sides, and leaving a 3" opening to insert the fiberfill stuffing.
- Insert the pillow form into the pillow body, and close by hand.

enjoy!