

Spice it up APRON

FREE PROJECT
by PAT BRAVO



Pat Bravo



FINAL SIZE
32" long
(without straps)

Featuring
PARADISE
COLLECTION



Fabric A
PA-208
Daylight
Pond



Fabric B
PA-205
Fresh Tiny
Buds



Fabric C
PA-207
Morning
Showers

MATERIALS

$\frac{3}{4}$ yd of PA-208
 $\frac{1}{2}$ yd of PA-205
 $\frac{1}{2}$ yd of PA-207

INSTRUCTIONS

Step 1. Make upper body

- Place the 11"×44" rectangle WRONG side up.
- Fold both short edges $\frac{1}{4}$ " twice, towards the wrong side. Press. Stitch down on the fold. (DIAGRAM 1)
- Make a long basting stitch on each long edge (44" side).
- Gather the stitch lines by gently pulling on each thread tail until the top edge reduces its size to 10" and the bottom edge to 14". (DIAGRAM 2)

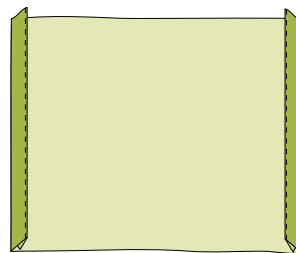


DIAGRAM 1

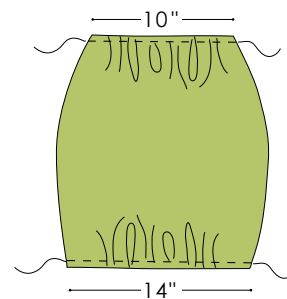


DIAGRAM 2

- Place the binding strip on top of the upper body piece, RIGHT sides facing together.
- Align the raw edge of the strip with the top edge of the upper body. Stitch with a $\frac{1}{4}$ " seam allowance. Press open revealing the seam. (DIAGRAM 3)
- Now, working from the back, fold the long edge of the strip $\frac{1}{4}$ " down. Fold again, wrapping the back seam allowance, making sure you pass the seam $\frac{1}{8}$ ".
- Pin in place, perpendicular to the seam. (DIAGRAM 4)
- Turn the piece back to the front, and sew over the seam, making sure you catch the back fabric. (DIAGRAM 5)

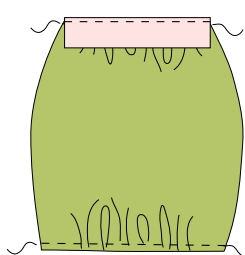


DIAGRAM 3

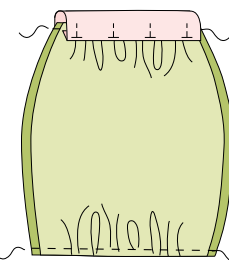


DIAGRAM 4

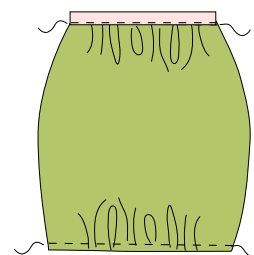


DIAGRAM 5

CUTTING INSTRUCTIONS

FROM FABRIC A, CUT

- 2 (two) $3\frac{1}{2}$ " × 28" strips (straps)
- 1 (one) 20" × 3" strip (flower)
- 1 (one) 10" × $1\frac{1}{2}$ " strip (binding strip)
- 2 (two) $3\frac{1}{2}$ " × 44" strips (ruffle)

FROM FABRIC B, CUT

- 1 (one) 11" × 44" rectangle (upper body)
- 2 (two) $3\frac{1}{2}$ " × 44" strips (waistband)
- 2 (two) 4" × 44" strips (bottom pleats)

FROM FABRIC C, CUT

- 1 (one) 18" × 44" rectangle (skirt)

Step 2. Make skirt

- Place the 18"×44" rectangle WRONG side up.
- Fold both short edges $\frac{1}{4}$ " twice, towards the wrong side. Press. Stitch down on the fold. (DIAGRAM 6)
- On one of the 44" sides, make 10 (ten) $\frac{3}{4}$ " pleats evenly distributed across the length of the fabric. Pin each pleat. Take it to the sewing machine, and sew a temporary basting stitch $\frac{1}{8}$ " from the edge. (DIAGRAM 7)

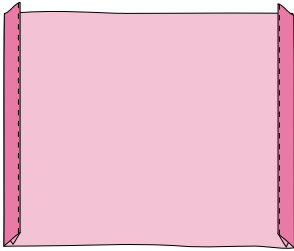


DIAGRAM 6

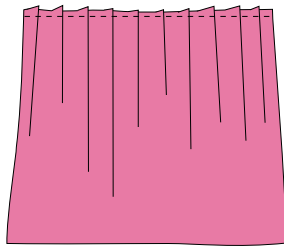


DIAGRAM 7

Step 3. Make and apply waistband

- Join the two $3\frac{1}{2}$ "×44" fabric B strips together on the short sides, with a $\frac{1}{4}$ " seam allowance. Press seams open.
- Fold $\frac{1}{4}$ " on all four sides of the strip. Press. (DIAGRAM 8)
- Fold the strip in half lengthwise. Insert the pleated side of the skirt, so that the waistband is sandwiching the skirt.
- Edge stitch an $\frac{1}{8}$ " from the edge, around the left, right and bottom sides. (DIAGRAM 9)

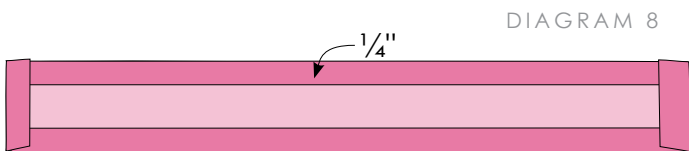


DIAGRAM 8

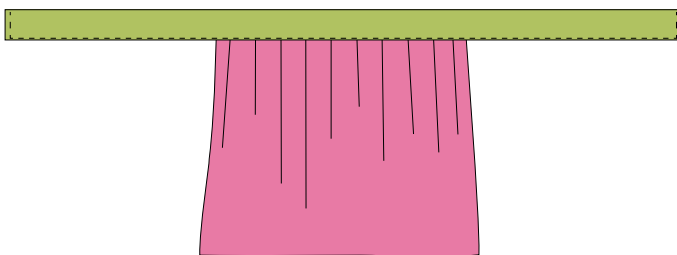


DIAGRAM 9

Step 4. Attach upper body to skirt

- Grab the upper body piece, and serge the fabric raw edges. (DIAGRAM 10)
- Place the waistband (attached to skirt) on top of the upper body (serged edge).
- Working from the right side of the fabrics, pin both pieces together, keeping approximately a $\frac{1}{4}$ " overlap.
- Edge-stitch $\frac{1}{8}$ " from the edge. Make a second stitching line $\frac{1}{4}$ " from the first one. (DIAGRAM 11)

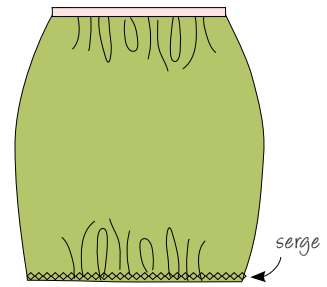


DIAGRAM 10

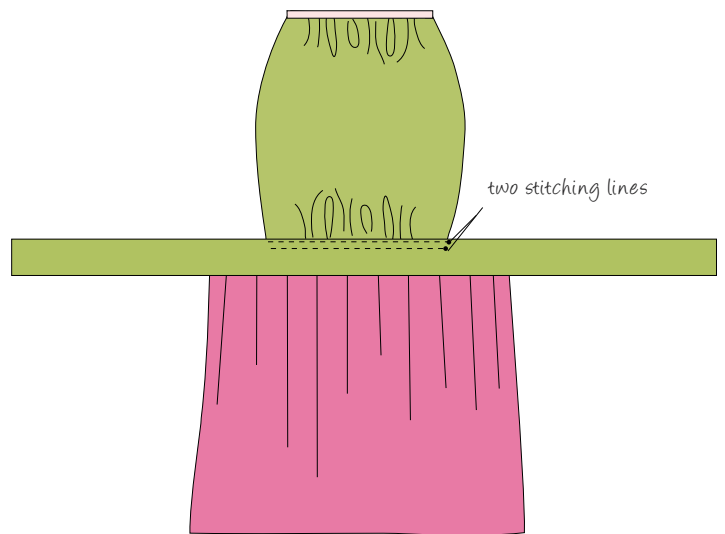


DIAGRAM 11

Step 5. Bottom pleats

- Join the two 2 (two) 4"×44" fabric B strips together on the short sides, with a $\frac{1}{4}$ " seam allowance. Press seams open.
- Fold both short edges & one long edge $\frac{1}{4}$ " twice, towards the wrong side. Press. Stitch down on the folds.
- On the remaining raw edge, make evenly distributed pleats across the length of the fabric. Pin each pleat. Take it to the sewing machine, and sew a temporary basting stitch $\frac{1}{8}$ " from the edge.
- The finished size of the piece should be 43" wide, so that it matches the width of the skirt.

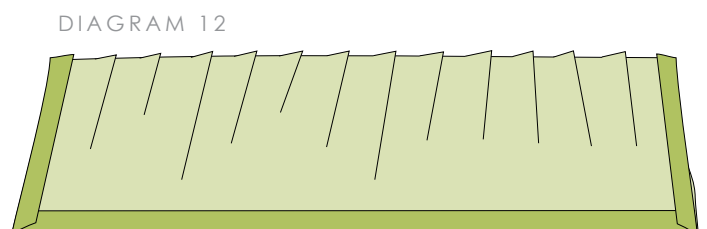
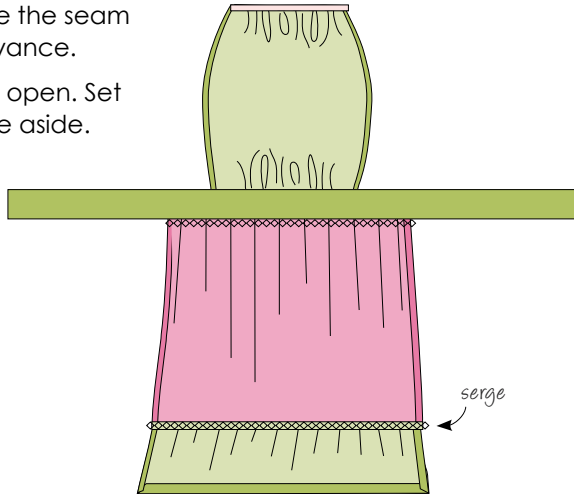


DIAGRAM 12

- Align raw edges of both pieces (skirt & bottom pleats). Sew them with a 1/4" seam allowance, RIGHT sides together.
- Serge the seam allowance.
- Press open. Set piece aside.



Step 6. Make & attach ruffle

- Join the two 2 (two) 3 1/2" x 44" fabric A strips together on the short sides, with a 1/4" seam allowance. Press seams open.
- Fold both short edges 1/4" towards the wrong side. Press.
- Fold the entire strip in half lengthwise, RIGHT sides together, and sew along the length using a 1/4" seam allowance. (DIAGRAM 13)
- Use a turning tool to turn the tube right side out.
- Center the seam line on the back of the tube. (DIAGRAM 14)
- Make a long basting stitch along the center seam. Gather the fabric by gently pulling on each thread tail. The finished size of the gathered ruffle should be 43" to match the width of the skirt and pleats. (DIAGRAM 15)
- Now place the ruffle (seam DOWN) on top of the bottom pleats created on step 5, RIGHT side up.
- Center the ruffle (SEAM down) on top of the skirt/ bottom pleats seam (RIGHT side up).
- Stitch across the center of the ruffle to hold in place.

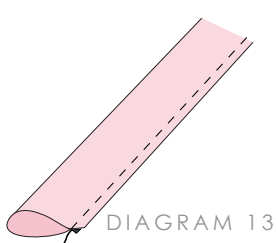


DIAGRAM 13

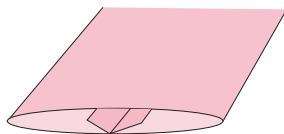


DIAGRAM 14

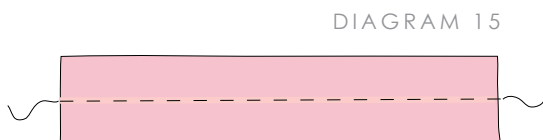


DIAGRAM 15

Step 7. Make & attach handles

- Using one of the 3 1/2" x 28" fabric A strips. Fold the entire strip in half lengthwise, RIGHT sides together, and sew all around using a 1/4" seam allowance. Leave 2" opening. (DIAGRAM 16)
- Use a turning tool to turn the tube right side out.
- Close the opening by hand. Press.
- Repeat with remaining fabric strip.
- Place each strap on the corners of the upper body piece (WRONG side). Pin in place.
- From the RIGHT side, stitch on the binding seam. Reinforce with another stitch line, closer to the edge of the binding.

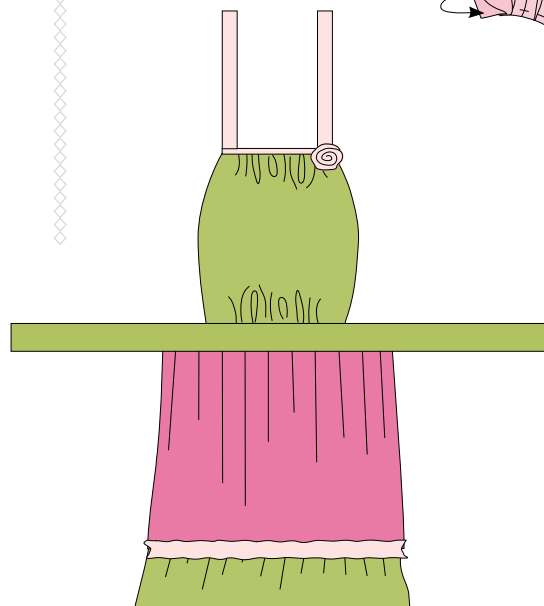
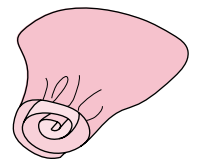
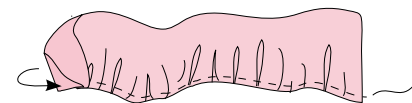


DIAGRAM 16

Step 8. Make & apply flower

- Grab the 20" x 3" strip of fabric A and fold one short end 1/4" towards the wrong side and press. Fold the entire piece in half lengthwise, matching wrong sides.
- Make a 1/8" basting stitch along the opened side. Gather the basting stitching line by gently pulling on each thread tail.
- Fold the raw edge short end inwards, twice. Secure in place with hand stitches. (DIAGRAM 17)
- Continue to roll the strip into itself, taking a hand-stitch every half turn. Secure from the back.
- Place the flower on the top right corner.
- Secure with hand stitches.

DIAGRAM 17



enjoy!